



Worried about something?

At Lainesmead, there are grown-ups who are here to help you feel safe, happy, and looked after.

You might feel:

- ✓ Worried
- ✓ Unsafe
- ✓ Scared
- ✓ Or like something doesn't feel right...

➡ You can talk to one of these trusted adults:



You can find these adults around school or in the office.

What if a grown-up makes you feel unsafe?

- Tell the Headteacher
- Or talk to any trusted adult

It's always okay to tell someone. You won't get in trouble.

We are here to help you.