

## Lainesmead Primary School - Menus commencing 25 February 2019

<u>Menu A</u>	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Option</b>	Crispy Chicken Strips	Ham (Pork) & Mushroom Pizza	Roast Chicken	Jacket Potato	Fresh Battered Fish with a wedge of lemon
<b>Veggie Option</b>	Tomato & Pepper Pasta with Garlic Bread	Cheese & Tomato Pizza	Spring Vegetable Puff	Jacket Potato	Crispy Vegetable Nuggets
<b>Side Dishes</b>	Herby Diced Potatoes Carrots & Sweetcorn	CHUNKY-SLAW Spring Salad	Roast Potatoes Mixed Vegetables, Gravy	Cheese, Beans, Tuna & Salad	Chips & Peas
<b>Desserts</b>	Apple & Plum Crumble with Vanilla Sauce	Homemade Sticky Apricot Flapjack	Mandarin Orange Jelly	Fresh Fruit or Yogurt	Homemade Blueberry Mini Muffin

<u>Menu B</u>	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Option</b>	Slow Cooked Beef Ragu	Breaded Chicken Burger with Mayo and Shredded Lettuce	Roast Pork with Apple Sauce	Jacket Potato	Breaded Fish Fingers
<b>Veggie Option</b>	Breaded Cheese Sticks with Homemade Tomato Dip	Creamy Broccoli Pasta with Garlic Bread	Roast Garlic & Herb Quorn Fillet	Jacket Potato	Mushroom Omelette
<b>Side Dishes</b>	Buttery New Potatoes Carrots and Swede	Potato Wedges CHUNKY-SLAW	Roast Potatoes Mixed Vegetables, Gravy	Cheese, Beans, Tuna & Spring Salad	Chips, Corn-on-the-Cob & Peas
<b>Desserts</b>	Mint Chocolate Cookie	Jam Sponge with Custard	Cherry Shortbread	Lemon Drizzle Cake	Strawberry Trifle

<u>Menu C</u>	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Option</b>	Pork Sausages	Mild Beef Chilli	Roast Chicken	Jacket Potato	Jumbo Fish Finger
<b>Veggie Option</b>	Quorn Sausages	Mexican Mixed Bean & Mushroom Wrap	Roast Garlic & Herb Quorn Fillet	Jacket Potato	Margherita Pizza
<b>Side Dishes</b>	Mash Potatoes Peas & Carrots	Mixed Vegetable Rice Sweetcorn & Green Beans	Roast Potatoes Mixed Vegetables, Gravy	Cheese, Beans, Tuna & Spring Salad	Chips, Baked Beans & Peas
<b>Desserts</b>	Sticky Oak Cookie	Chocolate & Pear Sponge Cake	Strawberry Mousse	Banana Pancakes	Iced Sprinkle Cake